WALKING BY BUS



'Walking by Bus' is a City and County of Swansea initiative to encourage sustainable tourism and healthier lifestyles by promoting short walks linked to bus routes.

Bus Information

Mon-Sat (hourly) Sun (4 journeys)
Gower Explorer No. 118 to Penmaen
from Swansea Bus Station
(some journeys may involve a change).
Please check before travelling

Traveline Cymru ☎ 0870 608 2 608 www.traveline-cymru.org.uk

Walk Highlights

- Spectacular views over the Bristol Channel to North Devon and beyond.
- Views of Three Cliffs Bay, frequently voted one of the most beautiful beaches in Britain
- Penmaen Burrows is the site of a medieval village, which was buried by sand during the 14th and 15th centuries.
- Wildflowers like gorse, thrift and red & white campions make this walk particularly colourful in spring.

Useful Contacts

Swansea Tourist Information Centre

© 01792 468321 tourism@swansea.gov.uk
visitswanseabay.com
www.swansea.gov.uk/aonb

Penmaen

Start & Finish: Bus stop in Penmaen

Distance/time: About 1 1/4 miles, 1/2 -1 hour.

Terrain: Surface varies from firm to soft and uneven. There are 2 steep

slopes.

SafetyInformation: Take care when crossing the busy main road. The path runs close to cliffs and steep slopes

above the coast.

Be prepared: Wear appropriate clothing

and footwear for the conditions and season.

Refreshments: Shop/café and pub in Parkmill,

2 miles towards Swansea.

Public Toilets: None.

- Start at the car park in front of the houses alongside the road. Go down through the gate and along the rough track. You pass a gate on your right, which is where you will come back through on your return. But for now, continue down the track.

 This becomes a narrow track between high hedges, finally going through a gate and out on to Penmaen Burrows.
- From the gate at the end of the track keep right, and follow the path along the coast above the cliffs overlooking Tor Bay, passing through a gate. As you do so, you will see Oxwich Bay in front of you.

- Walk on for about 100 yards, before turning inland through a gate, to walk along the edge of a field. Follow this around onto a grassy track.
- Follow the track, retracing your steps back to the main road, and the car park. The bus to Swansea leaves from a small bus shelter a few yards to your right on the opposite side of the road.



Information correct at time of going to print -January 2014. Other leaflets in this series are available from Swansea Tourist Information Centre, Plymouth Street, Swansea SA1 3QG.









Penmaen Mynd i gerdded ar y Bws



